



The assessor spec sheet for Humble.

Humble is organising software for ADHD and autistic minds — one place for tasks, notes and follow-through. It sits in the software category Access to Work already funds, needs no diagnosis to recommend and can be quoted directly in your report.

Spec sheet

Facts for the report

Category	Software / assistive technology — organisation, memory and task management
Publisher	Humble AI Limited, company number 13938493, England and Wales
Individual price	£8 a month or £72 a year

VAT	Registered — shown separately on invoices
Platforms	Web app, browser extension, Google Sheets add-on
Data location	Google Cloud Platform, UK. Not routed via the US.
Diagnosis required	No
Trial available	Free trial on request — see partners or contact us

Humble AI is VAT registered. Prices shown exclude VAT at 20%.
 Quotes and invoices show VAT separately so they can go straight into an Access to Work claim.

Why it fits an Access to Work claim

- ✓ Built specifically for ADHD and autistic working patterns, not adapted from general productivity software
- ✓ Covers the four things claims commonly ask about: task capture, note-taking, calendar coordination and follow-through on commitments
- ✓ Set up takes one session, not weeks of onboarding — funding doesn't need to sit unused while someone learns a new tool
- ✓ No diagnosis, medical letter or clinical assessment required to justify the recommendation

Wording you can use

A line you're welcome to adapt for a report: "Humble is organising software designed for ADHD and autistic working patterns. It addresses the client's

reported difficulty with [task capture / follow-through / calendar coordination] and requires no additional diagnosis to justify as assistive technology."

How to recommend it

1 Name it in the assessment

Reference this page or the spec sheet table above as supporting evidence for the software category.

2 Point the client here

Share [the claiming page](#) so they know what happens after the application goes in.

3 Set up together, or hand off to a coach

If you don't do the software set-up yourself, our [coaches page](#) covers who else can run that session.

What category does Humble fall under for an assessment report?

Software / assistive technology for organisation, memory and task management — the same category as body-doubling apps, speech-recognition tools and daily-planning software already listed on Access to Work claims.

Does Humble need to be trialled before it's recommended?

No trial is required to recommend it, though a short walkthrough is available — see our [coaches page](#) for the session format, or contact us to arrange one for a specific client.

Can I attach this page to my assessment report?

Yes. This page is written to be quoted or linked directly in a report, and the same content is available as a PDF below.

Want the full pack for your files?

Request the assessor pack

[Or download the PDF directly →](#)

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